

Anchal Charitable Trust

Annual Report

2019-2020

Head Office

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www.anchalindia.org

LIST OF ABBREVIATIONS

1. ACT: Anchal Charitable Trust
2. CBR: Community Based Rehabilitation
3. FSW: Female Sex Worker
4. STD: Sexually Transmitted Disease
5. HIV: Human Immunodeficiency Virus
6. DSACS: Delhi State AIDS Control Society
7. CwDs: Children with Disabilities
8. PwDs: Persons with Disabilities
9. AFOs: Ankle Foot Orthosis
10. RTI: Right to Information
11. MCD: Municipal Corporation of Delhi
12. SDMRC: School Disaster Management Resource Centre
13. MRC: Maternal Resource Centre
14. RMNCH+A: Reproductive Maternal Neonatal & Child Health +Adolescent
15. ANM: Auxiliary Nurse & Midwife
16. ASHA: Accredited Social Health Activist
17. AWW: Anganwadi Worker

FROM DIRECTOR'S DESK

Before all else, I wish to express my gratitude and thanks to each and every team member of all our individual families who have patiently, silently and yet actively, been through times of trial in our endeavors to achieve identified objectives without dissension and discord.

Over the past years we have strived to inculcate sensitivity and consideration in the society for the marginalized and deprived. We have always accepted the fact that 'heaven is not gained in a single bound', and we feel satisfied to note that today, after almost 24 years of intense struggle the community and the entire country at large is talking of an inclusive environment, of making education, facilities, infrastructure, and professional conduct user friendly, accessible and accountable.

We still do not consider the enforcement of legislation satisfactory. It does not automatically ensure access to rights, benefits and entitlements. We are still very far away from our stated goals.

Our vision is to create and ever widening circle of knowledge and awareness, of caring and sharing, a knowledge pool comprising professionals, stake holders and beneficiaries providing a common forum for all.

ACT maintains the role of facilitator serving all without any intentions of personal or institutional gains. I look forward to your valuable observations and appreciation through the following draft which provides a serious look into our priorities, interventions and initiatives.

Thank you.

Sanjeev Sheel
Managing Secretary and Director

ANNUAL REPORT 2019-2020

Introduction of the Organization:

Anchal Charitable Trust (ACT) is an independent, professionally managed not-for-profit, non-political organization delivering a package of services covering 'need-felt' areas for intervention for people from the economically weaker segments and persons with disability

The foundations of ACT were laid in 1993 by collaborating like-minded professionals from varied backgrounds and areas of specialization like education, community health, environmentalists, medicine, special education, psychology, therapists, pioneer industrialist and professional social workers. This core group, besides being associated professionally shared a common objective, the need for the under-served members of society to have equal access to the benefits of health, medical and educational facilities, especially the economically weaker segments.

Sanjeev Sheel, the Founder, Managing Secretary & Director of the organization, started with working for the disabled, deprived and mentally challenged. He brings long-term vision to ACT and directs it with focus on response to the changing needs in society. He is responsible with grassroots accountability, playing a crucial role in his endeavor to sensitize and motivate individuals and groups to actively participate and establish development initiatives envisioning the futuristic needs of the challenged and adopted communities.

ACT initiatives, intervention programmes and personnel do not discriminate on the basis of caste, color, sex or religion and serve only to ameliorate the challenges faced by the adopted communities.

Vision of the Organization: Equal opportunities for sustainable development without discrimination.

Geographic Coverage: ACT area of activity covers a major portion of the North, North-East, East and Shahdara district of the National Capital Territory of Delhi and Uttar Pradesh– reaching out to around 70 resettlement colonies and slums in the mentioned districts under different projects. The organization presence can be seen in three states of India namely Delhi, UP and Uttaranchal.

Legal Status:

Anchal Charitable Trust (ACT) is registered under the Societies Registration Act since June 16, 1999 (Registration Number S35016). ACT has also been granted the FCRA Registration by Government of India for receiving foreign funds. ACT is also registered under Income Tax Acts 12A and 80G for tax exemption.

2. Present Involvement of the Organization:

- **Anchal Research and Rehabilitation Center for the Children with Intellectual Disability:** This center is catering to the needs of appx 100 children with disabilities including children with intellectual disability, autism, cerebral palsy and multiple disabilities. The center is equipped with dedicated team associated with the rehabilitation of children with disabilities i.e. from occupational therapist to special educators. The organization delivers a package of rehabilitative services to the children with disabilities.
- **Community Based Rehabilitation (CBR) project: Muskan:** Supported by Plan India under the community outreach programme and as a commitment towards the poorest of the poor ACT has adopted some urban slum and low-income group communities of Shahdara and North East Delhi. Under the project Anchal is providing services to persons and children with disabilities with special focus on children with disabilities in the field of health, emphasizing on their rehabilitation and referring them to avail government services.
- **Early Intervention and Care Centre for Children with Disabilities:** Supported by Janalakshmi Financial Services Ltd. the project aim at bringing improvement in life of children with disabilities by providing rehabilitation services in terms of special education to the children and their inclusion in the mainstream society.
- **Targeted Interventions Projects:** Supported by DSACS, the projects focuses towards reduction in the incidence of STD/HIV infection or re-infection among the high risk group such as female sex workers and migrant workers community.
- **Project Abhaya:** Supported by Alliance India the project aims at empowering female sex workers to seek sexual and reproductive health services as well as motivating regular partners of female sex workers to assist them in availing the health services.
- **Project AHF:** Supported by AIDS Healthcare Foundation the project aims at conducting HIV test along with distribution of condoms and raise public awareness about HIV among vulnerable section of society.
- **Using Connectivity to Build Resilience in Children and Their Community:** Supported by Save the Children in collaboration with NOKIA: The main objective of the project to prepare child and community against different types of disasters. The project is been implemented in North Delhi.

- **35 AC ECCD:** Supported by Plan India, the project aims at providing varied range of services such as education, day care facility along with nutritious food to children of construction site workers and migrant workers in Vaishali & Vasundhara region of Ghaziabad.
- **STOP Diarrhea Initiative:** Supported by Save the Children, the project aims at bringing reduction in diarrhea incidences among children below 5 years of age along with increased community awareness about sanitation.
- **Advocacy and Networking:** Anchal is an active member of Dilli Bal Adhikar Manch. The organization with the effective networking of all of its members ensures and safeguards the rights of the children. Secondly, Anchal time to time organizes seminars, workshops and meeting to discuss different issues related to child development. **The organization is also member of Local Level Committee for the Shahdara District. The committee is responsible for appointment of legal guardian for persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities for their protection and property in collaboration with office of District Deputy Commissioner.**
- **Capacity Building:** Anchal has started imparting training to different institutions engaged in providing various developmental services in the field of disability and HIV/AIDS. ACT has developed one training center of its own spread in 350 hectares at Rishikesh. It is called 'Jeevan Utsav' celebrating the spirit of life. It is also lent out on rent for other training related purposes to different organizations.
- **Anchal Comprehensive Health and Rehabilitation Centre:** Anchal has started a new healthcare project at Vaishali, to providing healthcare services to the marginalized and vulnerable section of the society. it registered under the department of medical health & family welfare by the government of Uttar Pradesh. the personnel are highly qualified and trained.

Disability Projects

Anchal Charitable Trust is dedicated to rehabilitate children with special needs. We cater the needs of physically and intellectual disabled children and ensure to prevent neglect, apathy and ignorance and provide basic services and social inclusion. We work in coherence with different organizations and make sure that the challenged individuals find a respectful employment with us or with other institutions.

Poor literacy, social and lack of employment opportunities make the challenged the most excluded segment of the society. We work towards mitigating the negative attitudes towards of the society towards these children. We strive for early diagnosis, parental help and getting adequate opportunities for training to restore and rehabilitate these children.

We disseminate the message that mental retardation is not a disease and it is a condition where a person has certain limitations in mental functioning affecting communicating skills. These limitations slow down the learning skills and it takes a longer time to develop skills like walking, speaking, eating and taking care of personal needs.

The services provided by Anchal cover a wide range of children in difficult circumstances such as children with learning disabilities, neglected children, street children and the children from the slums of North East and Shahdara districts of National Capital Region of Delhi.

Moving on same line Anchal has identified some low income group communities and urban slums of North East and Shahdara district under its projects on disability with the objective to improve quality of life of persons with disabilities especially children with disabilities through provisions of rehabilitation and referral services. Under rehabilitation services following major services are provided:

1. Occupational Therapy to the Children with Disabilities (CwDs) at centre and at community,
2. Special Education to the CwDs,
3. Mainstreaming children with disabilities to formal education system,
4. Linking of PwDs and CwDs to government disability welfare schemes such as disability certificate, disability pension, disability rail and bus concession schemes, disability unique identity card, niramaya health insurance and legal guardianship.
5. Training to parents/ care givers of CwDs on behavior modification, gender identity and adolescent issues and care of children with specific disabilities and basic therapies.
6. Provision of mobility aids such as wheel chair, tricycles, crutches, rollators, walking canes, AFO etc to PwDs and CwDs through health camps.
7. Provision of need based adaptations and developmental aids such as corner chair, cerebral palsy chair, standing frame, modified tooth brush/combs and toilet chairs to CwDs,
8. Undertaking home modification such as building of ramps, installing exercise bars and toilet bars at CwDs home,
9. Identification and training of volunteers from the targeted community on basic therapies and disability related issues and information,
10. Formation and strengthening of advocacy based groups RTI and MCD group and voicing issues pertaining to delivery of services to PwDs and CwDs,
11. Guidance to PwDs, parents and caregivers of CwDs on different issues such as vocational training, engagement of child in productive work etc.
12. Celebration of special days such as World Disability Day on 3rd December.

13. Celebrating sports day and children day.

S.No.	Activity	Targeted Beneficiaries
1	CwDs received special education	80
2	CwDs mainstreamed in formal education system	22
3	Children provided with low cost home modification / ADL adaptation / small developmental aids / wheelchair	76
4	Parents/care givers received trainings on basic therapy techniques, positioning & posture, behaviour counseling, gender identity and adolescent issues	167
5	CwDs benefitted with various schemes through referral services.	297
6	MCD school teachers sensitized through workshop on disability	21
7	Follow up session at CRRC for the rehab services such as therapy, ADL training, behaviour modification, etc.	1132
8	Parents sensitization meeting held with communities	10
9.	Community Volunteer trained on basic therapy and disability related information and issues	15
10	PwDs received legal guardian certificate	11

Anchal has strong cadre of community volunteers who forms one of the important epitome of its relation with the targeted community. These volunteers apart from providing home based basic therapeutic exercises to the children with disabilities also sensitize community members about rights of persons with disabilities. The aim is to reach and provide support to each and every child with disability found in such difficult situation.

Since people and children with disability face discrimination in one or another aspect of their life, the organization strongly advocates for their rights and entitlements and promotes inclusion in all projects.



Celebrating World Autism Day



Workshop of parents of children with disabilities



Disability Day Celebration 2019



Parents Sensitization Meeting



Therapy at CRRC Adaptation (Standing Frame) Installed at home



Parents Training



Stakeholders Meet



Distribution of Wheelchairs



Using Adaptation (corner chair)



Training of Community Volunteers & Advocacy groups



Training of Anganwadi worker

HIV/ AIDS Projects

ACT aims at reducing the vulnerability to affected HIV/AIDS population most vulnerable to this virus. The targeted population includes female sex workers, migrant population and other at High risk groups. Our volunteers care for the diseased, look after orphaned children or vulnerable to HIV/AIDS.

We address the issue by developing effective models for AIDS prevention, care and support, Enhanced capacity of targeted population to reduce the vulnerability of mobile populations and their families. We advocate influencing changes in relevant laws, policies, and beliefs, practices based on effective and new models.

Prevention of Gender based violence and SRH-Sexual & Reproductive health issues are other key areas where Anchal is intervening to support target communities.

Anchal Charitable Trust in collaboration with DSACS, AHF and Alliance India is implanting project on HIV & AIDS for vulnerable section of society that are on high risk of HIV/AIDS. The targeted population includes Female Sex Workers, Migrant Worker and other population who are considered at High Risk. The core aim of different HIV & AIDS oriented project aims at:

1. Reducing prevalence of HIV/AIDS in the targeted communities and reduce the level of stigma and discrimination arising out of ignorance associated with HIV/AIDS.
2. Ensuring the sustainability of the programme by empowering the local service providers, community leaders, and vulnerable children (Peer Educator)
3. Ensuring that the target community leads a healthy risk-free life by promoting VCT process for early diagnosis.
4. Empowering PLHIV clients on home based care and improving their health status and linking them with Community Care Center.

5. Empower Support Group and Local Service Providers to sensitize the community with comprehensive information on HIV/AIDS and its prevention.
6. Prevent the spread of HIV within the community by focusing PE involving vulnerable children and local service providers.
7. Improving access to quality Sexual and Reproductive Health (SRH) information, education and services (including HIV) for FSWs (Adult and younger) to better identify and exercise choices to address their health needs.
8. Improving involvement of regular partners to enhance the uptake of SRH/HIV services by FSWs.
9. Sensitize medical professionals and government functionaries involved with policy decisions and help them formulate suitable alternative welfare and STD/AIDS related support service
10. Improved awareness in regard to the pension scheme of the government of the National Capital Territory of Delhi (NCT Delhi) for HIV positive individuals living in Delhi and registered with the concerned ART Center.
11. Conduct regular ‘**Advocacy**’ activity/meetings with local leaders, legislators, bureaucrats, government functionaries and other authority to introduce suitable legislation ensuring access to all infrastructure facilities for these underserved segments of society.
12. Provides pre- test, post-test, crisis and adherence counselling to the high-risk population. To improve the client’s understanding about the disease and its management, and to adopt healthy lifestyle. So that he/she improves the quality of life.

Coverage

1/ Female Sex Workers	: 4,000
2/ Migrant workers	: 22,000
3/ Other vulnerable population	: 26,000

The Activities

The following activities are being carried out under the programme:

- Outreach
- Behavior Change Communication/ Interpersonal communication
- Services
 - Promotion/distribution of free condoms
 - Provision of basics STI and health services
 - Linkages to others health services (ICTC, TB, STI etc.)
- Enabling Environment
- Community mobilization
- Treatment -ART
- Counselling

Anchal has got multiple donor support under this initiative and is planning to reach vast population through camp approach.



HIV counselling and community reach activities

Education Project

A survey of street children in Delhi, published by Save the Children in April 2011, showed that there are ***approximately 51,000 children living on the street*** across the nine districts of Delhi. The majority of these children do not attend school despite favourable changes in the legislative framework with the enforcement of the ‘**Right of Children to Free and Compulsory Education Act, 2010**’ which guarantees free and compulsory education to all children between 6 and 14.

Anchal under this innovative project aims to reach a total of 2800 street and slum children, aged between 3 and 14 years, deprived of their basic right to education by bringing education to their door steps, progressively eliminating them from labour and integrating them within mainstream education and society.

Anchal Learning Centres in the Construction sites of Delhi NCR provide a safe place for children to go while their parents are at work — instead of wandering dangerous streets, hundreds of children are now visiting our Learning Centres to play, eat, study, and take services of doctor in case of crises.

Hundreds of construction sites children are waiting for your support to provide them safe place and prevent them with possible chance of abuse and exploitation.

Anchal Charitable Trust in partnership with Plan India is implementing project ‘**Integrated Day Care Services for the Children of Migrant Workers**’ in Ghaziabad district of Uttar Pradesh, India. The project is been implemented at 2 location of Ghaziabad namely Vaishali and Vasundhara. The main objective of the project is to provide day care services to the children of migrant workers with emphasis on providing nutrition to the children, basic health care services and linked children to formal education system and birth registration.

Services Provided Under Project:

- (i) Early Stimulation and learning activities for the children
- (ii) Supplementary Nutrition/ Mid Day Meal
- (iii) Growth Monitoring.
- (iv) Health Check-up and Immunization camps/drive
- (v) Birth Registration
- (vi) Enrollment of children above 6 years in formal education and
- (vii) Provision of remedial education to the children from age group 6 and above
- (viii) Guidance to parents on different aspect of child health and nutrition including protection of children against any form of abuse.

Expected Outcome:

- Participation of children in safe inclusive environment supporting their optimum growth and development.
- Children to have nutritious mid day meal
- Children to have access to health care services in terms of their growth monitoring and health camps
- Linking of children to basic right to education by enrolling them in nearby govt. schools.
- Children enrolled in the schools to have access to remedial education at centre to ensure their retention in the school.
- Awareness among parents on health & hygiene of the children. Alertness among parents regarding child safety.
- And to ensure child's right to development

S.No.	Activity	Beneficiaries Covered	
		Children between 3-6	Children above 6
1	Children received nutritious mid-day meal	211	108
2	No. of Children facilitated for immunization between age group of 3-6 years	54	
3	No. of children above 6 years enrolled in formal education system	48	
4	No of children between 3-6 years facilitated for birth registration	36	
5	No. of parents attended meeting on child care, health and nutrition	346	
6	No. of parents teachers meeting organized	113	
7	No. of health checkup and growth monitoring organized	134	
8.	No. of awareness generation activity such as street play, puppet show held on school enrollment, immunization and birth registration	11	



Parents meeting



Enrollment Drive



Group Activity



Exercise Session



Children work displayed in one of ECCD centre



Mid Day Meal



Health Checkup



Growth Monitoring



Meetings with parents on child care, health and nutrition

Disaster Risk Reduction & Preparedness Project

When natural disasters strike, there is a lot of suffering and lack of resources and poverty aggravate the suffering. A natural calamity can leave hundreds and thousands of people homeless. We work to provide relief to the victims.

Support Anchal on the basic needs like food, water, shelter and sanitation, medical aid to the injured and emergency supplies. Your support is also needed to help the victims in rebuilding their houses and recovering livelihoods.

When a disaster strikes, Anchal responds with emergency aid and relief. In case of a flood, earthquake or tsunami, we reach the spot as soon as possible and set up relief camps. We believe in distributing the relief material quickly ensuring that maximum people are saved. We distribute relief supplies to the affected people and provide them with temporary shelter. We also aim at rehabilitating and rebuilding lives providing sustainable sources of food, clean water, access to education, and economic opportunities to re-establish livelihoods.

Using Connectivity to Build Resilience in Children and Their Community: Supported by Save the Children. The main objective of the project is to prepare child and community against different types of disasters. The project has been implemented in North Delhi. Under this project there are three components:

1. Disaster Risk Reduction,
2. Child Sensitivity
3. Social Protection and Technology.

Under the project ACT is working on disaster risk reduction through group meetings, sensitization workshops, Mock-drills, Individual interaction, also covering CSSP with using technology with following segments:

- 30 slums, 32 Anganwadi Centres and
- 35 schools

Objectives:

- Identify, assess and reduce risks related to disasters
- Improve access to social protection and promote investment in children
- Strengthening systems and mechanisms for children's safety and development
- Develop partnerships with relevant stakeholders
- Promote replication & scale up

DRR -Data at a glance:

S.No.	Activity	Number Achieved	
1	Task force Task Force Members trained on Search & Rescue, First Aid, Relief Camp Management	1000	
2	Disaster Management Plan prepared	37 schools	25 communities
3	Mock drill conducted on Earth quake	37 schools	5 communities
4	Number of people covered through Mock Drills	25500	
5	Children sensitized on Child Rights	15,200	
6	SDMRC (School Disaster Management Resource Center) established in schools	15 schools	
7	Task force kits distributed in communities and schools	60	
8	People sensitized towards ICDS benefits	5000	
9	People sensitized towards ill effects of Child Labour	7700	
10	Establishment of PDMRC	1	

Photo Gallery



Mock Drills at Community Level



Meetings with School Authorities



Training of School Disaster Management Committee



Child Sensitivity Role Play Exercise with Teachers



Child Sensitivity Session with School Children

Health Projects (STOP Diarrhoea & Daiichi Sankyo RMNCH+A)

Anchal is supporting the health needs of underprivileged people who live in many of the most challenging parts of Delhi and NCR slums as it relates to health, food scarcity, and child development. Anchal understands the importance of health and address the issue by providing basic health care facilities to the children and needy at their door step.

Through our collective efforts, children and their caregivers will have consistent access to health resources and food, develop beliefs and practices to maintain health and food security, and obtain the skills and resources necessary to be independent in managing both health practices and food sources. Anchal is committed to collaborating with local partners to address challenges with strategic use of local assets and resources. Key objective to Anchal health care needs are :

To provide reproductive, maternal, new born, child health and nutrition care

To raise the level of community awareness on issues of environmental sanitation, hygiene and other nutrition related behaviour

To develop an effective system of referrals and linkages with public as also private health facilities in and around the slum areas.

Anchal Charitable Trust is implementing projects on diarrhoea reduction and maternal-adolescent health care. The key activities under the project are as follow: -

S.No.	Activity	Beneficiaries Covered/Number
1	No. Of Maternal Resource Centre Established (The MRC is full of resource material including a library, Information Education and communication material on RMNCH +A)	1
2	No. of mother group meeting organised	179
3	No. of eligible couple meeting organised	6
4	No. of cohesive group meeting organised	12
5	No. of slum health and sanitation team meetings conducted	12
6	No. of health camps organised for pregnant and lactating women and adolescents	10
7	No. Of ASHA/AWW /ANM trained on counselling to mother caregivers, IYCF etc	200
8	Awareness generation activity organised such as street play, health talk, celebration of days like breastfeeding day, puppet show	45
9	No. of school toilets rehabilitated	5
10	Community toilet complex repaired	6
11	No. of Child Health & Hygienic Club Kit	10
12	No. of Orientation sessions for SMC members on 7 point plan approach for diarrhoea prevention & control	10
13	No. of SMC members trained	310
14	ORS making demonstration exercises carried out at PHC/ Dispensaries and hospital including health posts	33 demonstrations covering 749 visitors



Orientation Meeting with WASH Group members



Meeting with Anganwadis Supervisor



Hand washing activity in community



Rehabilitated Drinking Water Point at Government School

Anchal Charitable Trust through its different projects has been striving to provide the best of the services to all targeted population under various programs. The organization has reached the most deprived and vulnerable citizens of Shahdara, North-East Delhi and North Delhi which includes thousands of women and children through its different services.

We hope to put in more than ever in our endeavors, and pray to the Lord Almighty to give us more opportunities and strength to reach out to more and more people, and serve humanity as our sole purpose.

Other Health Services

Under the health services Anchal is running a general dispensary to provide basic medicines to people of the slum clusters, apart from the various referral services.

Apart from other facilities, Anchal has the following health services for the greater benefit of the overall slum population:

- X- Rays
- EEG, ECG
- OT/PT
- Audiometry
- Speech therapy and alike services

Anchal continues to organize regular health camps in different slums on a regular basis. People in large numbers turn out for these health check-ups. Medicines are provided to poor and needy patients free of cost. Health talks are also organized from time to time for different groups. These include topics such as Breast Cancer, RCH, Adolescent Care, Safe Drinking Water, Hygiene, Nutrition Education, Drug -De-Addiction, HIV/AIDS and STD. During the period under report, around 5000 people were benefited by these services.

VOCATIONAL TRAINING

The prime intent of Anchal behind **Vocational Training Centre** is to ensure that no child should feel deprived in her/his desire to access facilities and achieve a freedom to work, to create, to express her/himself;

- Should not lag behind in intellectual, physical or mental achievement to her/his heart's desire without any fear of being ridiculed or, being reprimanded;
- Can step-into the social circle/environment to which she/he aspires;
- Imparting the right educational and vocational training back-up to mainstream them.
- Trainees from this institute will be re-employed in the institute to train other challenged children and establish improved rapport, information systems and Reporting.

- Behavior Change, Improved confidence in the world outside, better leadership, better understanding of the challenges and ultimate inclusion in an independent management process.

Under the vocational training programme, Anchal provides training in specific skills to ensure economic viability and also self-sustainability from the new activity such as

- Jute products, Soft toys, POP Products, Folders etc.
- Product from recyclable material
- Natural Colors and Rose Packs.

Sanjeev Sheel- Managing Secretary